The Interface between Psychiatry & Medicine
Psychiatry Postgraduate Conference & Meeting of the Iowa Psychiatric Society

Jointly Provided By
The University of Iowa
Roy J. & Lucille Carver College of Medicine
The Department of Psychiatry
The Iowa Psychiatric Society, a district branch of the American Psychiatric Society

October 13, 2017
8AM - 5PM
Radisson Hotel, Coralville
EDUCATIONAL OBJECTIVES
Upon completion of the conference, the learner should be able to:

• Recognize potential signs of opiate misuse/abuse and be able to utilize treatment options
• Detect tardive dyskinesia and motor symptoms associated with drug induced Parkinson’s disease.
• Understand the interplay between depression and fibromyalgia and initiate appropriate treatment
• Evaluate a patient’s level of motivation for change and use appropriate techniques to move towards treatment goals.
• Select non-pharmacologic techniques for improved management of chronic pain
• Monitor variables associated with metabolic syndrome and begin evidence based treatment when necessary
• Distinguish between a normal grief reaction and depression in cancer patients and recognize cognitive side effects of chemotherapeutic agents

INTENDED AUDIENCE
The audience targeted for this meeting includes physicians (psychiatrists, internists, family physicians), mid-level providers (physician assistants and nurse practitioners), psychologists, and social workers.

PURPOSE
The interface of psychiatry and medical illnesses is well established. The prevalence rates of mental health diagnoses are higher in patients with significant medical problems. This results in an increased loss of function and healthcare utilization. Additionally, many physical health conditions can have psychiatric manifestations. Pain issues can result in chronic opiate use with resultant dependence. Unfortunately, the side effects of psychotropics can often add to the medical burden of patients. This conference is intended to help educate providers on the psychiatric symptoms that can occur as a direct or indirect result of medical illness. It will also inform practitioners of ways to manage the adverse medical effects of psychotropic medication.
REGISTRATION FEES
The fee for this conference is $225 for physicians, $175 for nurses & allied health care professionals, & $75 for residents & fellows. Medical students will be admitted to the conference free of charge. Fees for members are reduced by $50 for each category above. All fees include registration, instruction and educational materials, CME and CEU recording, continental breakfast, refreshment breaks and lunch. A $25 fee will be charged for cancelled registrations. No refunds will be given for cancelations made after October 6th, 2017.

SYLLABUS
There will not be a printed syllabus or handouts for this conference. Syllabus materials will be available for registrants to download at the IPS website, www.iowapsych.org, one week prior to the conference.

HOUSING
Participants are responsible for making their own hotel reservations. A block of rooms has been reserved at the Radisson Hotel in Coralville, where the conference is being held for the group rate of $92 + applicable taxes. Attendees should call 319-351-5049 and ask for a room in the Psychiatry Postgraduate Conference block to secure the group rate, or they should click here to book online. The block rate will be available until September 22nd, 2017.

PARKING
Complimentary parking is available at the Radisson Hotel & Conference Center, where the meeting will be held.

DISABILITY STATEMENT
The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information contact the Office of Equal Opportunity and Diversity, (319) 335-0705. Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Center for Conferences in advance at 319-335-4141.

ADDITIONAL INFORMATION
Center for Conferences  Phone: 319-335-4141
The University of Iowa  Fax: 319-335-4039
250 CEF conferences@uiowa.edu
Iowa City, IA 52242 centerforconferences.com
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>7:30</td>
<td>Registration/Breakfast</td>
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<tr>
<td>8:00</td>
<td>Welcome/Announcements, Susan Duffy, MD &amp; Robert Smith, MD</td>
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<td>8:15</td>
<td>Department of Psychiatry Updates, Peggy Nopoulos, MD, Interim Chair</td>
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<td>8:30</td>
<td>Opioid Use Disorders: Managing a Chronic Disease, Andrea Weber, MD, MME</td>
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<td>9:30</td>
<td>ACT on Pain, Valarie Keffala, PhD</td>
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<tr>
<td>10:15</td>
<td>BREAK</td>
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<tr>
<td>10:35</td>
<td>Psychiatric Care for Cancer Patients, Arwa Aburizik, MD, MS</td>
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<td>11:20</td>
<td>Motivational Interviewing in Psychiatry: The Fundamentals, Michael Flaum, MD</td>
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<td>12:05</td>
<td>LUNCH &amp; IPS Meeting</td>
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<td>1:30</td>
<td>Motor Side Effects of Psychiatric Drugs, Kumar Narayanan, MD, PhD</td>
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<td>2:30</td>
<td>Rheumatological Disorders &amp; Psychiatric Medications, Hanna Zembrzuska, MD</td>
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<td>3:30</td>
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<td>3:45</td>
<td>Heeding Cardiometabolic Adverse Effects of Psychotropics, Jess Fiedorowicz, MD, PhD</td>
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<td>4:45</td>
<td>Closing Remarks &amp; Evaluations</td>
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<td>5:00</td>
<td>Adjourn</td>
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Physicians: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Iowa Carver College of Medicine and the Iowa Psychiatric Society. The Carver College of Medicine is accredited by the ACCME to provide continuing medical education for physicians. The University of Iowa Carver College of Medicine designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. General: This activity has been approved for 0.625 Credits (6.25 Contact Hours) of General Continuing Education Credit through the University of Iowa Center for Conferences. DISCLOSURE POLICY: Everyone in a position to control content of this educational activity will disclose to the CME provider & attendees all relevant financial relationships with any commercial interest.
PROGRAM FACULTY

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Carver College of Medicine

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University of Iowa
Carver College of Medicine

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Director, University of Iowa Mood Disorders Center
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Medical & Psychiatric Hospitalist
UnityPoint Health - St. Lukes Hospital
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University of Iowa
Carver College of Medicine

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Director, Geriatric Psychiatry Fellowship Program
Clinical Assistant Professor of Psychiatry
University of Iowa
Carver College of Medicine

Eric Johnson, DO
Adult & Child/Adolescent Psychiatry
Private Practice/St. Lukes

Brian Cook, DO, DFAPA
Medical Director, Mental Health Service Line
Veterans Integrated Service Network 23
Professor Emeritus of Psychiatry
University of Iowa
Carver College of Medicine

PLANNING COMMITTEE
REGISTRATION FORM

Psychiatry Postgraduate Conference
17-286-01 | 5-42584-00

Name ______________________________________
Address ____________________________________
City_____________________________State_______
Zip__________ Phone _________________________
Email ______________________________________
Speciality__________________ Degree____________
Organization_________________________________

CONFERENCE FEES

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<tr>
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<tr>
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<td>Faculty &amp; Staff</td>
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