



UNIVERSITY OF IOWA  
CARVER COLLEGE  
OF MEDICINE

University of Iowa Health Care

# ***Exploring Complexities in Psychiatry***

**Psychiatry  
Postgraduate  
Conference  
& Meeting of the  
Iowa Psychiatric Society**

Jointly Provided By

The University of Iowa  
Roy J. & Lucille Carver  
College of Medicine

The Department of Psychiatry

The Iowa Psychiatric Society  
a district branch of the  
American Psychiatric Society

**October 5, 2018  
8AM - 5PM  
Radisson Hotel, Coralville**

## EDUCATIONAL OBJECTIVES

Upon completion of the conference, the learner should be able to:

- Recognize appropriate and safe use of narcotic pain medication within the context of behavioral health care
- Talk with patients about the medical indications for marijuana and how recent legislation impacts its use in mental health treatment
- Diagnose autism in adults and develop behavioral plan for disruptive behaviors
- Prescribe new psychotropic treatments for tardive dyskinesia and treatment of parkinson's psychosis
- Use appropriate terminology with patients on the gender/sexuality continuum and understand the impact of gender identity and sexuality on mental health
- Discuss risks and benefits of psychotropic medications with patients who are or may become pregnant or decide to breastfeed



## INTENDED AUDIENCE

The target audience includes physicians (psychiatrists, family medicine), mid-level providers (physician assistants and nurse practitioners), psychologists, social workers and psychiatric nurses. The course is designed to increase provider's ability to care for a variety of psychiatric conditions that may be complicated by environmental or medical conditions using the latest advances in medicine.

## PURPOSE

Changes in legislation and societal attitudes have directly impacted the care of patients with mental illness. Behavioral health providers are expected to meet the mental health needs of a diverse and evolving patient population. Whether it be the increased awareness of Autism or the recognition that the LGBTQ community have specialized needs, psychiatric providers are often impacted. As drugs, such as ketamine and marijuana, receive indications for psychiatric illnesses, mental health providers are expected to know how to counsel patients and use these substances appropriately. This conference intends to provide the latest information on new and novel treatments and develop a better understanding of our patients' needs.

# GENERAL INFORMATION

## REGISTRATION FEES

The fee for this conference is \$225 for physicians, \$175 for nurses & allied health care professionals, & \$75 for residents & fellows. Medical students will be admitted to the conference free of charge. Fees for members are reduced by \$50 for each category above. All fees include registration, instruction and educational materials, CME and CEU recording, continental breakfast, refreshment breaks and lunch. A \$25 fee will be charged for cancelled registrations. No refunds will be given for cancellations made after September 27, 2018.

## SYLLABUS

There will not be a printed syllabus or handouts for this conference. Syllabus materials will be available for registrants to download on the conference website, [psychpostgrad.centerforconferences.uiowa.edu](https://psychpostgrad.centerforconferences.uiowa.edu), one week prior to the conference.

## LODGING

Participants are responsible for making their own hotel reservations. A block of rooms has been reserved at the Radisson Hotel in Coralville, where the conference is being held for the group rate of \$92 + applicable taxes. Attendees should call 319-351-5049 and ask for a room in the Psychiatry Postgraduate Conference block to secure the group rate, or they should [click here](#) to book online. The block rate will be available until September 7, 2018.

## PARKING

Complimentary parking is available at the Radisson Hotel & Conference Center, where the meeting will be held.

## DISABILITY STATEMENT

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information contact the Office of Equal Opportunity and Diversity, (319) 335-0705. Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Center for Conferences in advance at 319-335-4141.

## ADDITIONAL INFORMATION

Center for Conferences  
The University of Iowa  
250 CEF  
Iowa City, IA 52242

Phone: 319-335-4141  
Fax: 319-335-4039  
[conferences@uiowa.edu](mailto:conferences@uiowa.edu)  
[centerforconferences.uiowa.edu](https://centerforconferences.uiowa.edu)



Center for  
Conferences

# CONFERENCE AGENDA

- 7:30 Registration/Breakfast**
- 8:00 Welcome/Announcements**  
Susan Duffy, MD & Alison Lynch, MD
- 8:15 Department of Psychiatry Updates**  
Jodi Tate, MD  
Vice Chair, Clinical Services, Department of Psychiatry
- 8:30 H.O.P.E. - Hold On, Pain Ends (Pain & Psychiatric Co-morbidity)**  
Anureet Walia, MBBS, FRCA
- 9:30 Engendering Identity: How to Best Support LGBT Youth**  
Peter Daniolos, MD
- 10:15 BREAK**
- 10:45 Ketamine: New Frontiers in Pharmacotherapy**  
C. Scott Jennisch, MD
- 11:30 Psychiatric Medications in Pregnancy & Lactation**  
Robin Kopelman, MD, MPH
- 12:15 LUNCH & IPS Meeting**
- 1:30 Iowa's Medical Cannabidiol Program**  
Jill Liesveld, MD & Randy Mayer, MS, MPH
- 2:15 Psychotropic Medication Update**  
Jill Kauer, PharmD
- 3:15 BREAK**
- 3:30 Autism in Adults: Making the Diagnosis/ The Basics of a Behavior Plan**  
Chris Okiishi, MD & Michael Lind, PhD
- 4:45 Closing Remarks & Evaluations**

## CONTINUING EDUCATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Iowa Carver College of Medicine and the Iowa Psychiatric Society. The Carver College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

**CME CREDIT DESIGNATION:** The University of Iowa Carver College of Medicine designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**DISCLOSURE POLICY:** Everyone in a position to control the content of this educational activity will disclose to the CME provider and to attendees all relevant financial relationships with any commercial interest.

**CME CERTIFICATES:** Attendees seeking *AMA PRA Category 1 Credit*<sup>™</sup> will self-claim their credits and print their certificates at the conclusion of the conference via the UI College of Medicine's CME Portal. Instructions will be provided at check-in.

**GENERAL:** This activity has been approved for 0.625 Credits (6.25 Contact Hours) of General Continuing Education Credit through the University of Iowa Center for Conferences.

## FACULTY

### **Peter Daniolos, MD**

Clinical Professor  
Division of Child & Adolescent  
Psychiatry, Department of  
Psychiatry  
University of Iowa  
Carver College of Medicine

### **C. Scott Jennisch, MD**

Staff Psychiatrist  
Iowa Psychiatry  
Urbandale, Iowa

### **Jill Kauer, PharmD**

Clinical Assistant Professor  
Division of Applied Clinical  
Sciences, Department of  
Pharmacy Practice & Science  
Clinical Pharmacy Specialist  
Department of Psychiatry  
University of Iowa  
Carver College of Medicine

### **Robin Kopelman, MD, MPH**

Staff Psychiatrist  
Seasons Center, Spencer, Iowa  
Adjunct Associate Professor  
Department of Psychiatry  
University of Iowa  
Carver College of Medicine

### **Jill Liesveld, MD**

Clinical Associate Professor  
Director of Chemical  
Dependency Services,  
Department of Psychiatry  
Division of Child & Adolescent  
Psychiatry, Department of  
Psychiatry  
University of Iowa  
Carver College of Medicine

### **Michael Lind, PhD**

Clinical Assistant Professor  
Co-Director, Intellectual  
Disability-Mental Illness  
Program, Department of  
Psychiatry  
University of Iowa  
Carver College of Medicine

### **Randy Mayer, MS, MPH**

Director  
Office of Medical Cannabidiol  
at Iowa  
Iowa Department  
of Public Health

### **Chris Okiishi, MD**

Staff Child, Adolescent and  
Adult Psychiatrist, Meadowlark  
Psychiatric Services  
North Liberty, Iowa  
Lecturer  
University of Iowa  
Carver College of Medicine

### **Anureet Walia, MBBS, FRCA**

Clinical Associate  
Division of Pain Medicine,  
Department of Anesthesiology  
Division of Child & Adolescent  
Psychiatry, Department of  
Psychiatry  
University of Iowa  
Carver College of Medicine

## PLANNING COMMITTEE

### **Susan Duffy, MD Course Director**

University of Iowa  
Carver College of Medicine

### **Alison Lynch, MD Course Co-Director**

University of Iowa  
Carver College of Medicine

### **Bob Smith, MD, DLFAPA**

University of Iowa  
Carver College of Medicine

### **Cyndi McCormick, DO**

Ottumwa Health Group

### **Sharon Koele, MD**

Iowa Psychiatry

# REGISTRATION FORM

Psychiatry Postgraduate Conference

18-278-01 | 5-42584-00

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_

Speciality \_\_\_\_\_ Degree \_\_\_\_\_

Organization \_\_\_\_\_

## CONFERENCE FEES

	IPS Member	Non-Member
Physician	<input type="checkbox"/> \$150	<input type="checkbox"/> \$225
Nurse/Allied Health Professional	N/A	<input type="checkbox"/> \$175
UI Dept. of Psychiatry Faculty & Staff	<input type="checkbox"/> \$125	<input type="checkbox"/> \$175
Residents/Fellows	<input type="checkbox"/> \$25	<input type="checkbox"/> \$75
Medical Students	<input type="checkbox"/> \$0	<input type="checkbox"/> \$0

Join today to receive discount!

To become a member of IPS today, & receive the \$50 discount, please call 515-633-0341.

## PAYMENT INFORMATION

Check Made Payable To: UI Center for Conferences

Credit Card:  Visa  MasterCard  Discover

\*Payment is required upon registration.

Cardholder Name \_\_\_\_\_

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## HOW TO REGISTER

### MAIL

Center for Conferences  
250 Continuing Education Facility  
Iowa City, IA 52242

### PHONE

319-335-4141

### FAX

319-335-4039

### ONLINE

<https://centerforconferences.uiowa.edu/psychiatry-post-graduate-conference-meeting-iowa-psychiatric-society>